

Caesar Cocktail

Consisting of Clamato (tomato juice and clam broth), vodka, hot sauce and Worcestershire sauce, served in a celery-salt-rimmed glass and garnished with a celery stick and lime wedge. Sometimes called the bloody Caesar, this popular drink was invented in Calgary in 1969 by bartender Walter Chell. WHERE TO FIND The Keg (page 102); Tap & Barrel (page 98); Score on Davie (page 85).

Wacky & Wonderful CANADIAN FOODS

Tempt your taste buds with these flavours of the Great White North by SHERI RADFORD + ILLUSTRATIONS BY ERICK VILLAGOMEZ

Timbits

Tiny, tasty doughnut holes sold at the Tim Hortons chain of coffee shops, which are named after a beloved hockey player. WHERE TO FIND Tim Hortons (page 103).

Maple Syrup

Sweet topping made from the sap of maple trees that pairs perfectly with pancakes, waffles and French toast. Quebec is the world's largest producer of maple syrup. WHERE TO FIND Safeway (page 43); MarketPlace IGA (page 43); Urban Fare (page 44).

Nanaimo Bar

No-bake dessert consisting of three layers: wafer-crumb-based bottom, vanilla-custard middle and chocolate top. The Nanaimo bar originated in the city of Nanaimo on Vancouver Island. WHERE TO FIND Butter (page 112).

Icewine

Very sweet dessert wine made from grapes that have frozen before fermentation, while still on the vine. The world's best—and most expensive—icewines come from Canada and Germany.

WHERE TO FIND Local liquor stores (page 45).

Beavertail

Fried dough shaped to look like a beaver's tail and topped with sugar, chocolate, whipped cream or something equally sweet. WHERE TO FIND Playland (page 77).

Butter Tart

Dessert consisting of a pastry shell filled with butter, sugar, syrup and eggs, and sometimes nuts or raisins, and baked until the sweet filling becomes semi-solid. WHERE TO FIND Butter (page 112).

Back Bacon

Known as Canadian bacon to the rest of the world. WHERE TO FIND Edible Canada (page 106); The Red Wagon (page 104).

Ketchup, Dill Pickle, or Salt & Vinegar Potato Chips

Chip flavours almost impossible to find outside Canada. In addition to being delicious, ketchup chips leave fingers stained red for hours.

WHERE TO FIND Safeway (page 43);

MarketPlace IGA (page 43); Urban

Fare (page 44).

Poutine

French fries slathered in gravy topped with cheese curds. This artery-clogging snack originated in Quebec. WHERE TO FIND La Belle Patate (page 100); Edible Canada (page 106).



Did you know?

Canada has more doughnut shops per capita than any other country, and Canadians eat more doughnuts than any other nationality. WHERE TO FIND Tim Hortons (page 103); Cartems Donuterie (page 101); Lee's Donuts (page 106).

