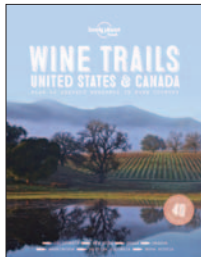


Tasty Tomes

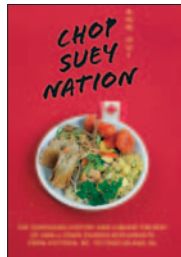
Follow your taste buds right to a bookstore (page 21), where these tantalizing titles await.—*Sheri Radford*



Wine Trails: United States and Canada (Lonely Planet): Attention, oenophiles: if a getaway filled with swirling and sipping sounds divine, then this is the guidebook for you. It outlines 40 weekends in North American wine regions, from British Columbia and California all the way east to Nova Scotia and New York. Insights from winemakers, detailed itineraries, maps and photos all ensure you'll have abundant opportunities to raise a glass to Dionysus.



The Little Island Bake Shop: Heirloom Recipes Made for Sharing by Jana Roerick (Figure 1 Publishing): For more than 15 years, Jana Roerick has been satisfying sweet teeth with all the mouth-watering desserts in her bakery on nearby Salt Spring Island. Now, finally, she shares her culinary know-how in a gorgeously photographed cookbook. The 80 easy-to-make recipes include pecan caramel squares, espresso cookies and strawberry rhubarb pie.



Chop Suey Nation: The Legion Cafe and Other Stories from Canada's Chinese Restaurants by Ann Hui (Douglas & McIntyre): Newspaper reporter Ann Hui drove from coast to coast in 2016 to learn about small-town Chinese restaurants. Along the way, Hui, who grew up in Vancouver, found a new respect for chop suey cuisine, ultimately viewing it as quintessentially Canadian. Plus she discovered some surprising facts about her own family history.

coffee and the popular Liège waffles with decadent toppings such as milk chocolate lavender. \$, B/L (daily). 780 Richards St. 604-879-3114. www.medinacafe.com & **Map 1: C6**

Coffee/Tea DAVIDSTEA Sample, smell or take away all kinds of tea from this boutique known for its huge selection of flavours and friendly atmosphere. \$, Open daily. Pacific Centre, 701 W. Georgia St. 604-669-7718. & **Map 1: C5** 164 Water St. 604-687-0060. **Map 1: C7** 2230 W. 4th Ave. 604-734-3440. & **Map 1: E1** Oakridge Centre, 650 W. 41st Ave. 604-269-3704. www.davidstea.com & **Map 4: E4**

Regional: Upscale FIVE SAILS RESTAURANT Silver Service Award, Where to Dine Awards 2018. Award-winning cuisine and spectacular views. Modern continental classics inspired by Europe and the West Coast. \$\$\$, D (daily). Pan Pacific Vancouver, 999 Canada Place Way. 604-844-2855. www.fivesails.ca & **Map 1: B6**

Regional: Upscale GLOWBAL Flagship location for the local restaurant group is big and bustling. Local ingredients are used when possible, but the cuisine spans the globe to include pastas, steaks and a rare Japanese robata

grill. Private dining options and a year-round patio. \$\$-\$\$\$ L/D (daily). Telus Garden, 590 W. Georgia St. 604-602-0835. www.glowbalgroup.com/ glowbal & **Map 1: C6**

Steakhouse GOTHAM STEAKHOUSE & BAR Steak, Where to Dine Awards 2018. Bold downtown restaurant celebrates steaks and other dishes, such as blackened ahi tuna, jumbo lobster tail and double-cut lamb chops. Private party rooms, heated patio with fireplace and bar with piano. \$\$\$, L (M-F), D (daily). 615 Seymour St. 604-605-8282. www.gothamsteakhouse.com & **Map 1: C6**



SPICE IT UP Chefs from seven Vancouver eateries compete in the Chefs' Table Society of BC's sixth annual Curry Cup (Mar. 11; page 66). Enjoy cocktail samples and gelato, too.