

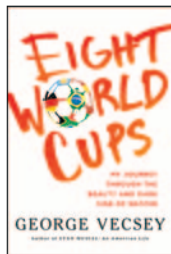
## Soccer Essentials

Need a primer before the FIFA Women's World Cup (page 8) comes to town? Head to a local bookstore (page 26) to pick up one of these informative reads.

—Sheri Radford



*The Kingfisher Soccer Encyclopedia* by Clive Gifford (Kingfisher; \$22.99): If you've never truly understood the offside rule, and you can't tell a volley from a vuvuzela, then pick up this illustrated guide. It covers all aspects of the world's most popular sport, from the rules to the tactics to the players.



*Eight World Cups: My Journey Through the Beauty and Dark Side of Soccer* by George Vecsey (St. Martin's Press; \$19.50): *New York Times* sports columnist Vecsey writes about everything from the action on the field to the shady dealings behind the scenes in his humorous but insightful account.



*For Soccer-Crazy Girls Only: Everything Great About Soccer* by Erin Downing (Feiwel & Friends; \$18.50): Young soccer fans can learn about rules, training techniques, strategies and more in this upbeat, inspirational book packed with entertaining anecdotes and bite-sized chunks of information.



*Goal!* by Sean Taylor (Henry Holt and Co.; \$19.99): Soccer fans kick off in every corner of the globe, from Burma to Brazil, Togo to Tanzania. This lively book delights youngsters and oldsters alike with its fun facts and bright photos that capture soccer's diversity and worldwide popularity.

SkyTrain and bus loop. M-Sa 10 am-9 pm, Su and holidays 11 am-7 pm. 4700 Kingsway, Burnaby. 604-630-3340. [www.metropulismetrotown.com](http://www.metropulismetrotown.com) & **Map 4: E6**

**OAKRIDGE CENTRE** Just 15 minutes from downtown and a short drive from the airport. Browse a mix of luxury shops, trendy independent boutiques and major brands such as MaxMara, Hugo Boss, Lacoste, Coach, Harry Rosen and Boys' Co. Also find modern essentials at GAP, Lululemon and Hudson's Bay. Concierge services. Free parking. Easy access with the Canada Line SkyTrain at Oakridge-41st Avenue station. M-Tu, Sa 9:30 am-7 pm, W-F 9:30 am-9 pm, Su and

holidays 11 am-6 pm. 650 W. 41st Ave. at Cambie. 604-261-2511. [www.oakridgecentre.com](http://www.oakridgecentre.com) & **Map 4: E3**

**PACIFIC CENTRE** Downtown Vancouver's largest shopping centre includes stores such as Holt Renfrew, Harry Rosen, H&M, MaxMara, Hugo Boss, The Apple Store, Sport Chek, Atmosphere, Bose, Hollister Co., Sephora and much more. Adjacent to Robson St., the Vancouver Art Gallery and the Four Seasons Hotel. Close to downtown hotels and attractions, along with major bus routes and the Granville SkyTrain station. M-Tu 10 am-7 pm, W-F 10 am-9 pm, Sa 10 am-7 pm, Su and holidays 11-6 pm. 701 W. Georgia St. at Howe. Guest ser-

vices 604-688-7235. [www.pacificcentre.ca](http://www.pacificcentre.ca) & **Map 1: C5**

**PARK ROYAL AND THE VILLAGE AT PARK ROYAL** The only shopping centre situated at the foot of a mountain and the shore of an ocean. Offers over 280 stores including Gap, Banana Republic, Blue Ruby, American Eagle, Whole Foods, Home Depot, a public market and food court, as well as major department stores such as Hudson's Bay. M-Tu 10 am-7 pm, W-F 10 am-9 pm, Sa 9:30 am-6 pm, Su and holidays 11 am-6 pm. At the foot of the Lions Gate bridge in West Vancouver on the corner of Taylor Way and Marine Dr. 604-922-3211. [www.shopparkroyal.com](http://www.shopparkroyal.com) & **Map 4: B3**



**RELAX** Want to revitalize your mind, body and spirit while also reducing your home's dust and allergens? Pick up an ultrasonic nebulizer from Saje Natural Wellness (page 26).