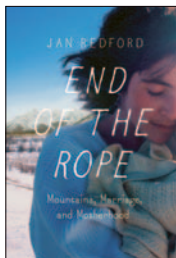
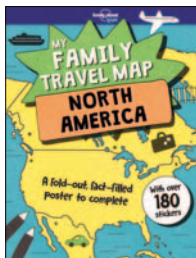


Recommended Reads

Before boarding your next plane, train or automobile, stop by a local bookstore (page 38) to find some great new releases.—*Sheri Radford*



End of the Rope: Mountains, Marriage, and Motherhood by Jan Redford (Random House Canada): Redford's memoir examines the ups and downs of being a mountain climber, a mother and a romantic partner—most heartbreakingly, after her boyfriend dies in an avalanche. She lives in Squamish, often called the outdoor recreation capital of Canada, where she spends her time climbing, hiking, mountain biking and skiing.



My Family Travel Map: North America (Lonely Planet Kids): Parents know there's nothing more irritating than a bored brood in the backseat. Banish boredom with this giant fold-out map of the United States, Canada, Mexico and the Caribbean. The colourful map can be personalized with more than 180 stickers indicating everything from cool creatures to wild weather. Then flip it over to learn fun facts about North America.



The Wickaninnish Cookbook: Rustic Elegance on Nature's Edge (Appetite by Random House): Anyone lucky enough to stay at the Wickaninnish Inn on Vancouver Island has fond memories of the inn's rustic restaurant. This new cookbook is the next-best thing to a return visit. Filled with contributions from current and former chefs, it overflows with recipes that highlight innovative West Coast cuisine.

ship your purchases home from The UPS Store. Open M-Sa. Easy access via SkyTrain. 757 W. Hastings St. www.sinclaircentre.com & **Map 1: B6**

TSAWWASSEN MILLS This huge outlet mall boasts nearly 200 shops, services and restaurants. Browse retailers like Aritzia, Saks OFF 5th, Calvin Klein, Bass Pro Shops, Michael Kors, Roots and Winners. Free shuttle service connects mall to downtown Vancouver, Richmond and BC Ferries Terminal. Open daily. 5000 Canoe Pass Way, Tsawwassen. 604-948-9889. www.tsawwassenmills.com & **Map 2: G3**

VANCOUVER CENTRE Located downtown at Georgia and Granville, one level below London Drugs. Specialty stores and services include Tim Hortons, Dove Knot Jewelry, Fashion Addition 14+, and Vancouver Centre Stitch. Open daily. Easy access via SkyTrain. 650 W. Georgia St. & **Map 1: C5**

YAOHAN CENTRE Find a wide selection of Asian products at this shopping centre, where the nearly 80 boutiques, eateries and services range from salons to optical care. Open daily. Easy access via SkyTrain. 3700 No. 3 Rd., Richmond. 604-231-

0601. www.yaohancentre.com & **Map 3: C3**

APPAREL

ALARTE SILKS This studio and gallery specializes in hand-painted and handcrafted scarves, shawls and custom apparel in silk and wool. Watch the artisan paint and felt the fabrics as you browse. Commissions welcome. 1369 Rainspur Alley. 778-370-4304. www.alartesilks.com & **Map 6: C5**

BLUBIRD Trendy shop stocks hot clothing and accessories from Italy, New York, Paris and Los Angeles. 1108 Alberni St. 604-257-0700. & **Map 1:**



ART & SOLE At Six Hundred Four (page 42), works by local artists are digitally printed onto snazzy sneakers, and 6.04% of each sale goes to a charity of the artist's choice.