



## What a Doll

Even if you've never heard of American Girl, your tot or tween definitely has. Until a few weeks ago, the uber-popular dolls were sold only in the US. Now Canadian girls can get their hands on the **dolls and all of their accompanying clothing, accessories and books** both in Toronto and right here in Vancouver, at the Robson Street location of Chapters (page 23). Bonus: the in-store boutique features a salon, so dolls can leave with braids, a ponytail, an up-do or pierced ears.

## Time for Tea

Whether you prefer your tea iced or hot, loose or bagged, Vancouver company Tealeaves has the one for you, with **everything from white, green and black to herbal, oolong and organic**. The Jetlag Therapy Kit contains two teas chosen specifically for tired, stressed-out travelers—Energy (mint and citrus) and Relax (light and floral)—while the 12 Teabag Sampler tin includes favourites such as Classic Orange Pekoe and Imperial Earl Grey. Pinkies up! Available at YYoga (page 30) or online at [www.tealeaves.com](http://www.tealeaves.com).



## BEAUTY ON THE FLY

Airplane travel may be stressful and tiring, but there's no need to look exhausted upon arrival. To prevent the red-eye look, David Vincent, international makeup artist for Lise Watier ([www.lisewatier.com](http://www.lisewatier.com)), recommends **tucking these beauty essentials into your carry-on bag**. Find them at Shoppers Drug Mart (page 24) or London Drugs (page 24).



**SUPPLE SKIN** Enriched with chamomile, green tea and cucumber extracts, Solution Express Cleansing Cloths clean, tone and moisturize all in one step, leaving skin feeling soft and dewy.



**PERKY PEEPERS** Signs of fatigue disappear with the Bio Lift Eye Patch. Collagen, aloe, witch hazel and vitamin E combine to act like a mini eyelift.



**LUSCIOUS LIPS** Rich in vitamin E, Spa Fondant Lip Moisturizing Therapy prevents drying and chapping, keeping lips kissable even on the longest transcontinental flight.

## Luxury Label, Budget Price

Named after Lord & Taylor's iconic Manhattan address, 424 Fifth launched to much fanfare in the spring. The surprisingly affordable private label, available at The Bay (page 24), includes dresses (pictured), skirts, tops, sweaters, pants, outerwear and accessories. Marie Holman-Rao, the label's chief creative officer, visited Vancouver recently to talk about the summer collection. **"Easy to wear" is how she describes it.** "Everything that we do, we try to be multipurpose and versatile," she says. Her favourite design detail is one that customers have been raving about: "We have pockets in everything that we make: every dress, every skirt, every pant. Everybody likes pockets."

If the **comfort, affordability and ubiquitous pockets** make you think the brand is lacking in style, think again. According to Holman-Rao, inspiration for the on-trend line comes from all around: "We look at fashion shows. We look at what's happening on the street. We look at social media and fashion bloggers. Fashion is everywhere." After vowing that the line will always include **wardrobe staples alongside fashion treats** that "you didn't know you needed until you saw them," she sums it up succinctly: "In a sea of sameness, 424 Fifth stands out, because it's fashionable and well-priced."



## GET ORGANIZED

Being on vacation is no excuse for abandoning all healthy routines from home. The MedCenter Traveler ([www.medcentersystems.com](http://www.medcentersystems.com)) **keeps medication and vitamins organized in seven day-of-the-week pill boxes**, each subdivided into four compartments labelled morning/breakfast, noon/lunch, evening/supper and night/bedtime. It's just what the doctor ordered.