



## Bigger Is Better

Whether your goal is superb skin, a perfect pout, terrific tresses or a fabulous fragrance, your destination should be **Canada's largest Sephora** (page 13), which opened a few months ago on Robson Street (page E4). The huge store stocks **all the beauty brands you know and love**, as well as harder-to-find ones such as Make Up For Ever, Kat Von D Beauty and Bare Minerals. Indulge in a mini make-over, get your hair styled, and customize an Atelier fragrance bottle with engraving, done on-site. Shopaholics, better warm up those credit cards for what will no doubt be a big shopping spree.



## FOR CHIC YOGIS

Dedicated practitioners say that yoga is about cultivating awareness and achieving higher consciousness. If they're being honest, they'll admit it's about the cute outfits, too. Our latest discovery is Bicycle by Downtown Betty, which is designed and made right here in Vancouver. Constructed from natural fibres such as cotton and bamboo, **these comfortable but stylish clothes go from the yoga studio to the street and beyond**. Find them at Downtown Betty's Balsam Beach Studio (1534 Balsam St.) or buy online at [www.downtownbetty.com](http://www.downtownbetty.com). Inner peace has never looked so good.



## The Strait Truth

For British Columbians, the Strait of Georgia helps define who we are. Two-thirds of us live along its coast. It provides food, jobs and recreation opportunities. And it houses an incredible array of birds, fish, marine mammals and invertebrates. **Learn about this stunningly beautiful region**—everything from the geology to the biology to the anthropology—in *The Sea Among Us: The Amazing Strait of Georgia*, edited and with contributions by Richard Beamish and Gordon McFarlane. At local bookstores (page 13).



## SEE THE LIGHT

Nick Rabuchin has always loved scented candles; what he's never liked are the toxic chemicals most of them emit. He created the Vancouver Candle Co. as an eco-friendly alternative. Using the traditional methods of olden days, **he makes small batches of soy-wax candles by hand**, using 100% cotton wicks and perfume-grade fragrance oils. Each candle's scent evokes a specific area of the city, such as jasmine, tuberose, lemon and sandalwood for Kitsilano, or white tea, black currant, lavender and thyme for Strathcona. Follow your nose to Kiss & Makeup (page 13) or Holt Renfrew (page 16).



## MORE THAN SKIN-DEEP

Travelling and want to look your best? Plane trips can wreak all sorts of havoc, especially on sensitive skin. Fortunately, Pai Skincare has a solution—four solutions, in fact. The popular British brand of certified-organic products includes four Anywhere Essentials Collections, **small enough to fit in carry-on luggage**. Each collection targets a specific type of skin: very sensitive or redness-prone (Instant Calm, **pictured**); dry and dehydrated (Pure Hydration); oily, combination or blemish-prone (Perfect Balance); very dry or showing signs of aging (Age Confidence)—which means skincare products can stay hard at work even while you're on vacation. Buy online at [www.paiskincare.com](http://www.paiskincare.com) or [www.freshfaced.ca](http://www.freshfaced.ca).

## SPRING HAS SPRUNG



Winter can take a hike as we gear up for the warmth of spring. New this month from Blundstone: **cute, lightweight, breathable canvas boots** in an array of colours, which can be worn with or without socks. Find them at the Australian Boot Company (page 18).