



Wanderlust Festival

August 1 to 4

If the words “yoga and music festival” bring to mind images of aging hippies in bad clothes eating bad food and listening to even worse tunes, think again. The Wanderlust Festival (page 70) in nearby Whistler features music by the likes of Moby, Trombone Shorty, Femi Kuti and Gramatik, plus the **fresh local fare** that Whistler is known for, not to mention **classes with world-renowned yogis** such as Seane Corn, Shiva Rea and Rod Stryker. Rounding out the weekend’s schedule: hiking, cycling, meditation, movies and talks by lifestyle gurus. Oommm.—*Sheri Radford*



T.G.I.M.

August 5, 12, 19, 26

“Thank God It’s Monday!” Not familiar with that sentiment? You will be after visiting Earls (page 90) on Margarita Mondays, running all summer. Snack on items from the special \$5 menu—such as grilled tacos and guacamole made fresh table-side—while **sipping fresh-squeezed lime margaritas (pictured)**, also \$5. Time it right and you may even be able to snag a prime spot on the patio. With Mondays that are this much fun, who needs Fridays?—*Sheri Radford*

WANDERLUST PHOTO BY MIKE CRANE COURTESY TOURISM WHISTLER



Take It Outside

August 3 to 5

Celebrate the BC Day long weekend by roughing it in the great outdoors. Before you escape the city, **fill your backpack with these camping essentials.**

- » Zap Away bug spray and balm (**pictured**). Essents (page 26) created these natural bug repellents using pure essential oils as an eco-friendly alternative to harsh chemicals.
- » Skipper knife (**pictured**) from Victorinox Swiss Army, ideal for boaters and sailors (visit www.swissarmy.com or call 1-800-665-4095 for retailer availability).
- » Sunscreen, cold drinks and snacks at London Drugs (page 30) or Shoppers Drug Mart (page 30).
- » Tents, sleeping bags, portable stoves and hiking boots at Mountain Equipment Co-op (page 41).

—*Sheri Radford*



fun. & Tegan and Sara

August 31

Pop over to the “Northshore” to hear Canadian twin sisters Tegan and Sara in West Vancouver’s picturesque Ambleside Park (page 71). The **home-grown indie duo** have fans on their feet with hits like “Closer” and “Back in Your Head.” The pair have toured with the likes of Neil Young, Weezer and The Killers over their 13-year career—one that has earned them a devoted fan following. Also catch NYC-based

BAND PHOTOS BY LINDSEY BYRNES

co-headliners fun. and their **energetic brand of indie pop**. The band received six Grammy nominations this year, so expect song of the year “We Are Young” among favourites like “Carry On” and “Why Am I the One.” For more concerts alfresco, take in The Sheepdogs (Aug 30; page 72) and Snoop Dogg aka Snoop Lion (Aug 28; page 72), both in Stanley Park’s Malkin Bowl.—*Jill Von Sprecken*