



## Film Noir, Live

To April 13

Equal parts theatre, film and visual art, *Helen Lawrence* (page 45) uses computer-generated sets as the backdrop for a **hard-boiled film noir tale set in 1948 Vancouver**. Bring your favourite femme fatale—or hardworking private detective—to this world premiere. At the Stanley.—*Sheri Radford*



## Happy Easter!

April 20

Trying to keep the calorie count down this Easter? Skip the decadent chocolates and head to Lush Fresh Handmade Cosmetics (page 16) for **bunny bubble bars**, made with shea butter and coconut oil, to fill bath time with candy-scented bubbles. Also pick up some **carrot-shaped soap**, with moisturizing carrot oil on the outside and softening cocoa butter on the inside. The best part: zero calories.—*Sheri Radford*

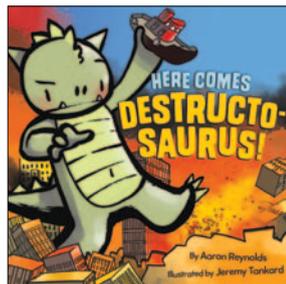


HELEN LAWRENCE PHOTO BY DAVID COOPER

## Read a Book

April 2

*The Little Mermaid. Thumbelina. The Ugly Duckling.* These fairy tales—and countless others—were brought to life by Hans Christian Andersen. To honour his legacy, International Children's Book Day is held on his birthday each year, on the second of April. **What better time to pick up a new picture book for the little folks in your life?** Here Comes *Destructosaurus!*, written by Aaron Reynolds and illustrated by Vancouver's Jeremy Tankard, follows a rampaging toddler/movie monster in the full throes of a temper tantrum. At local bookstores (page 16).—*Sheri Radford*



## MEET AND GREET

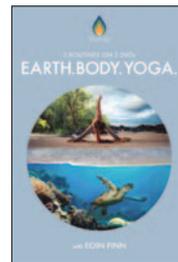
April 25

Introductions may be in order at *Everyone I've Never Known: An Exhibition of Miniature Works* (page 51). This pop-up at The Burrard Hotel is one day only, and features a range of **thought-provoking works** by touring artist collective Phantoms in the Front Yard ([www.phantomsinthefrontyard.com](http://www.phantomsinthefrontyard.com)). Twice a year, the collective chooses a theme to explore, such as this month's topic: **the people we haven't met and their impact on us**. Take in intriguing pieces such as Paul Morstad's watercolour-on-paper "J.J. Audubon and the Esquimaux Curlew" (pictured). Trust us: this is art that you'll want to get to know better.—*Jill Von Sprecken*

## Save the Planet

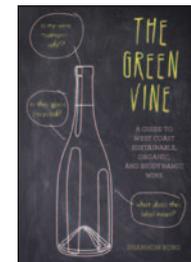
April 22

In honour of Earth Day ([www.earthday.org](http://www.earthday.org)), we present two new books and one DVD that put the planet first.—*Sheri Radford*



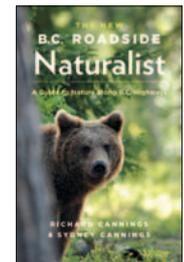
### EARTH BODY YOGA

Eoin Finn is on a mission: he wants to show how a relationship with nature improves health and happiness. His new *Earth Body Yoga* DVD—filmed in some of the world's most beautiful places, including BC's West Coast—**celebrates our interconnection with nature**. For each one sold, the Arbor Day Foundation plants a tree. At Lululemon (page 24) or online at [www.blissology.com](http://www.blissology.com).



### THE GREEN VINE

Erosion. Runoff. Cork materials. The environmental issues facing wineries go on and on. What's an earth-loving oenophile to do? Pick up Shannon Borg's *The Green Vine: A Guide to West Coast Sustainable, Organic, and Biodynamic Wines*, which is filled with **info on almost 200 sustainable wineries** in BC, Idaho, Washington, Oregon and California. At local bookstores (page 16).



### THE NEW B.C. ROADSIDE NATURALIST

From the population cycles of the snowshoe hare to where to find the northernmost examples of Douglas firs, this book has it all. *The New B.C. Roadside Naturalist: A Guide to Nature Along B.C. Highways* by Richard Cannings and Sydney Cannings gives a **highway-by-highway breakdown of the province's ecology**. At local bookstores (page 16).