



Spa Journey

Forget airports and security lines. Simply hop the elevator to the fifth floor to arrive at Chi, The Spa (page 42), a wood-panelled sanctuary that's steeped in Eastern philosophy. Here, treatments are governed by chi, the universal life force that has guided traditional Chinese medicine for millennia. Find your Zen in treatments like the Wushu Massage, inspired by the stretching methods of Chinese martial arts, or the signature Hot Stone treatment, an ancient massage therapy. Before or after your facial, body wrap or massage, head to the Wellness Oasis to relax in the tranquil outdoor pool and hot tub. Serenity, found.—*Jill Von Sprecken*



Summer Dreaming

The names alone conjure up images of leisurely evenings on tropical beaches: Shells in the Sand, Ripe Guava, Palm Deco, Mambo Beat, Sugar Cane. This season's Rhythm & Heat collection of nail polishes from CND delivers bold pops of colour. Try the Vinylux line (pictured) for seven-day, chip-resistant wear, or the Shellac line for 14 days of high-performance wear and crystal shine. After all, nail colour should last at least as long as a vacation. At Chatters (page 42).—*Sheri Radford*

Miracle Mask

Until explorers discover the Fountain of Youth, the next best thing is Nivea's Q10plus Anti-Wrinkle Smoothing Treatment. In just 10 minutes, this face mask moisturizes and revitalizes skin using the power of coenzyme Q10. The result is skin that looks younger and more radiant, with fewer fine lines and wrinkles. Find this miracle worker at Shoppers Drug Mart (page 42), and get ready for the compliments to start flowing.—*Sheri Radford*



Disney Delights

The happiest place on earth used to be Disneyland, but now it's The Face Shop (listed below). The popular Korean beauty brand has partnered with Disney to create a limited-edition line of lip colours, eye shadows and mascaras, all with Mickey's signature ears. Don't delay, because these cartoon-cute cosmetics are sure to fly off store shelves faster than you can say "where dreams come true."—*Sheri Radford*

BEAUTY & GROOMING PRODUCTS

THE FACE SHOP Korean cosmetic brand specializes in multi-step Asian skincare—no trip to Seoul required. The bright boutiques offer natural-based products at affordable prices, ranging from cleansers to serums and masks. Pacific Centre, 701 W. Georgia St. 604-975-5760. & **Map 1:** C5 Metropolis at Metrotown, 4700 Kingsway, Burnaby. 604-451-1412. & **Map 4:** E6 Richmond Centre, 6551 No. 3 Rd., Richmond. 604-276-0596. www.thefaceshop-america.com & **Map 3:** D3

LUSH FRESH HANDMADE COSMETICS

A staggering array of natural soaps, shampoos and other bath essentials. 1020 Robson St. 604-687-5874. & **Map 1:** C5 Pacific Centre, 701 W. Georgia St. 604-563-9355. & **Map 1:** C5 2248 W. 4th Ave. 604-733-5874. & **Map 1:** E1 Park Royal, Taylor Way at Marine Dr., West Vancouver. 604-921-8034. & **Map**

4: B3 Metropolis at Metrotown, 4700 Kingsway, Burnaby. 604-437-5874. www.lush.ca & **Map 4:** E6

MURALE Stocked with luxury goodies, including make-up, hair products and skincare lines, this offshoot of Shoppers Drug Mart makes beauty browsing a breeze. Get eyebrows shaped at the brow bar. Oakridge Centre, 650 W. 41st Ave. 604-264-8035. www.murale.ca & **Map 4:** E3

SAJE NATURAL WELLNESS Aromatherapy products, including special blends for energy or relaxation. 1091 Robson St. 604-558-1900. Partial & **Map 1:** C5 2252 W. 4th Ave. 604-738-SAJE (7253). & **Map 1:** E2 Lonsdale Quay, 123 Carrie Cates Court, North Vancouver. 604-988-9688. & **Map 2:** C3 Park Royal, Taylor Way at Marine Dr., West Vancouver. 778-279-7253. & **Map 4:** B3 Metropolis at Metrotown, 4700 Kingsway, Burnaby. 604-434-2388. www.saje.ca & **Map 4:** E6

DISNEY DELIGHTS 41 BEAUTY ON THE FLY 42

This directory includes editors' recommendations and regular advertisers. Stores are usually open from 9:30 or 10 am to 5:30 or 6 pm, with later hours on Friday evenings. Map coordinates refer to the maps on pages N8-N14.

BEAUTY & GROOMING PRODUCTS 41 DRUGSTORES 41 FITNESS & YOGA 42 SALONS 42 SPAS 42 WELLNESS 42

SEPHORA Stocks more than 200 brands including Make Up For Ever and the affordable house line. Find make-up, tools, haircare and skincare goods as well as a selection of men's products. Well-trained staff offer tips, tricks and recommendations. 1045 Robson St. 604-681-9704. & **Map 1:** C5 Pacific Centre, 701 W. Georgia St. 778-331-3942. & **Map 1:** C5 Park Royal, Taylor Way at Marine Dr., West Vancouver. 604-926-1787. & **Map 4:** B3 Metropolis at Metrotown, 4700 Kingsway, Burnaby. 604-678-2360. & **Map 4:** E6 Richmond Centre, 6551 No. 3 Rd., Richmond. 778-296-3800. & **Map 3:** D3 Coquitlam Centre, 2929 Barnet Hwy., Coquitlam. 778-284-2350. www.sephora.com & **Map 2:** C5

SHIFEON A virtual wonderland of designer perfumes (modern, classic and rare) such as Giorgio Armani, Dolce & Gabbana and Narciso Rodriguez. Professional skincare lines include Dermalogica, La Colline and Valmont. Oakridge Centre, 650 W. 41st Ave. 604-263-0708. & **Map 4:** E3 1291 Robson St. 604-688-3291. www.shifeon.com & **Map 1:** B4

DRUGSTORES

LONDON DRUGS One-stop shopping for cosmetics in all price ranges, vitamins and supplements, cameras and computers. Services include pharmacy and photo-finishing. 710 Granville St. 604-448-4802. & **Map 1:** C5 1650 Davie St. 604-448-4850. & **Map 1:** B3 1187 Robson St. 604-448-4819. & **Map 1:** B5 2230 W. Broadway. 604-448-4874. & **Map 1:** F1 525 W.



BRIGHT EYES Perk up your peepers with Dermalogica's new Stress Positive Eye Lift, which reduces puffiness and dark circles. At Shifeon (listed above) and Vida Spa (page 42).