



## Massage on Demand

After a long day, what's better than going for a relaxing massage? Not having to leave the comfort of your hotel room, home or office to get that R&R. Fortunately, Soothe can send a certified massage therapist to you in as little as an hour to deliver a deep-tissue, Swedish, sports or prenatal massage, from 8 a.m. to midnight. Visit [www.soothe.com](http://www.soothe.com) or call 1-800-960-7668 to book yours—or surprise your partner with a treatment for two.



### Super Skin

In just 15 minutes, the Instant Magic Facial Dry Sheet Mask from Charlotte Tilbury can hydrate, brighten, lift and smooth the skin, reducing wrinkles and providing a healthy glow. Plus, the mask can be used three times. At Holt Renfrew (page 80).



### Pucker Up

Give your lips a tasty treat with one of the many delicious lip balm flavours from Eos, including passion fruit, coconut milk, strawberry sorbet, blackberry nectar, pomegranate raspberry, honeysuckle honeydew and sweet mint. At Shoppers Drug Mart (page 91).



### Cat's Meow

Paul & Joe Beaute will have you grinning like a Cheshire cat with their cute-as-a-kitten face and eye colour palette (above left), lightweight moisturizing lipstick (above right), powder blush and blotting paper. At Shoppers Drug Mart (page 91).