

## For Outdoor Adventurers

To get the most out your time outside in Metro Vancouver, stop by a local bookstore (page 29) and pick up one of these handy guides.—*Sheri Radford*



**Active Vancouver: A Year-Round Guide to Outdoor Recreation in the City's Natural Environments** by Roy Jantzen (Rocky Mountain Books; \$25): Whether you prefer running, paddling, hiking or snowshoeing, this book has the outdoor adventure for you. The descriptions of each activity include time required, distance, elevation, natural history, accessibility and public transit routes.



**52 Best Day Trips From Vancouver**, 4th edition, by Jack Christie (Greystone Books; \$19.95): This newly updated guide directs locals and visitors alike to the region's best beaches, parks, trails and lakes. Areas covered include Squamish, Whistler, Bowen Island and the Fraser Valley, with new chapters on the Callaghan Valley (near Whistler) and 1,001 Steps Park (Surrey).



**Camping with Kids in the West: BC and Alberta's Best Family Campgrounds** by Jayne Seagrave (Heritage House Publishing; \$19.95): As the mother of two and the author of three previous books on camping, Seagrave is something of an expert on roughing it in the great outdoors. Who better to turn to for advice on hassle-free camping with tots, tweens and teens?

Gate Bridge in West Vancouver on the corner of Taylor Way and Marine Dr. 604-922-3211. [www.shopparkroyal.com](http://www.shopparkroyal.com) & **Map 4: B3**

**RICHMOND CENTRE** Located near the airport, this centre has 240 shops and services including Hudson's Bay, Aritzia, Forever 21 and an international mix of merchants. Helpful customer service makes shopping easier. M-Tu, Sa 9:30 am-7 pm, W-F 9:30 am-9 pm, Su and holidays 11 am-6 pm. 6551 No. 3 Rd., Richmond. 604-713-7467. [www.richmondcentre.com](http://www.richmondcentre.com) & **Map 3: D3**

**SINCLAIR CENTRE** Four heritage buildings under glass comprise an elegant shopping mall. Exclusive shops

and food garden, harmoniously set among architectural features. M-Sa 10 am-5:30 pm. 757 W. Hastings St. 604-488-0672. [www.sinclaircentre.com](http://www.sinclaircentre.com) & **Map 1: B6**

**VANCOUVER CENTRE** Located downtown at Georgia and Granville, one level below London Drugs. Adjacent to Vancouver City Centre station, with access to the SkyTrain. Specialty stores and services include Tim Hortons, International News, Fashion Addition 14+, and Stitch International. M-W 9:30 am-5:30 pm, Th-F 9:30 am-9 pm, Sa 9:30 am-5 pm, Su 11-5 pm, holidays 11-5 pm. 650 W. Georgia St. 604-713-7700. & **Map 1: C5**

### BARGAINS

**VANCOUVER FLEA MARKET** The city's largest flea market has more than 360 stalls under one roof. Bargain in the Big Old Red Barn for unusual take-home gifts, in an atmosphere reminiscent of European markets. A funky place to shop for all the family. A five-minute walk from Main St. SkyTrain station. Open year-round. Sa-Su and most holiday M, 9 am-5 pm. 703 Terminal Ave. 604-685-0666. [www.vancouverfleamarket.com](http://www.vancouverfleamarket.com) & **Map 1: E8**

### BEAUTY & GROOMING

**BEAUTYMARK** This Yaletown emporium carries lines such as CARGO and Bumble & Bumble; make-up



**DOG-GONE FUN** Barking Babies (page 38) is just one of the many exhibitors at the Pet-a-Palooza outdoor pet festival ([www.petapaloozawest.com](http://www.petapaloozawest.com)) in Yaletown on Aug. 23.