

Cookbooks for Connoisseurs

Foodies on your gift list will drool over these **West Coast** cookbooks (at local bookstores, page 14).—*Sheri Radford*



Burgoo: Food for Comfort

by Justin Joyce and Stephan MacIntyre (\$29.95): To locals, Burgoo restaurant (listed below) is synonymous with comfort food even better than your momma used to make. Now you can whip up the beloved stout and cheddar fondue, macaroni and cheese, ratatouille, beef bourguignon and decadent French onion soup at home.



The White Spot Cookbook

(\$24.95): Vancouverites have a love affair with White Spot (page 63) dating back to 1928, when Nat Bailey opened the first location, a drive-in on Granville Street at 67th. The much-anticipated cookbook is brimming with recipes for appetizers, salads, pastas and rice bowls—and, of course, the legendary burgers.



Vegan Secret Supper: Bold and Elegant Menus from a Rogue Kitchen

by Mérida Anderson (\$26.95): From pumpkin maple cinnamon buns to black bean soup with coconut sour cream and pine nut parmesan, these are recipes even a carnivore will love. Anderson herself has long been hosting a pop-up supper club for vegans in Vancouver, Montreal and New York.

BRUNCH

CAFEZEN This retro cafe offers a large menu that is popular with the breakfast crowd. Choose from omelettes, pancakes and various versions of eggs Benedict. \$. B/L (daily). 1631 Yew St. 604-731-4018. Partial & **Map 1: E1**

PAUL'S OMELETTYERY Serves all-day breakfast and lunch and specializes in generously portioned omelettes, eggs Benny and corned-beef hash. Fresh salads, sandwiches and soups, too. Licensed. \$. B/L (daily). 2211 Granville St. 604-737-2857. www.paulsosomelettery.com Partial & **Map 1: E3**

SUNSHINEDINER Tuck into all-day breakfast fare and satisfying lunches

such as the Fat Elvis Burger at this rock-'n'-roll-style diner. \$. B/L (daily). 2649 W. Broadway. 604-733-7717. www.thesunshinediner.com & **Map 4: D3**

CAFES & BISTROS

APHRODITE'S ORGANIC CAFÉ & PIESHOP Eclectic cafe with a local, organic and seasonally changing menu. It's a pie shop first and foremost: the fruit and savoury pies aren't to be missed. Gluten-free and vegan options. \$\$ Brunch/L/D (daily). 3598 W 4th Ave. 604-733-8308. www.organiccafe.ca Partial & **Map 4: D2**

BEL CAFÉ This modern space houses delicious bistro items prepared by celebrated chef David Hawksworth

and his team, including sandwiches, buttery croissants and delicate macarons. Coffee, tea, wine and cocktail lists. \$-\$\$ B/L (daily). Rosewood Hotel Georgia, 801 W. Georgia St. 604-673-7000. www.belcafe.com & **Map 1: C5**

BURGOO Modern comfort food is on the menu at this popular local chain of bistros. The mac 'n' cheese is a favourite, and the fondue doesn't disappoint. \$\$ L/D (daily). 2272 W. 4th Ave. 604-734-3478. **Map 1: E1** 3096 Main St. 604-873-1441. **Map 4: D4** 4434 W. 10th Ave. 604-221-7839. **Map 4: D2** 3 Lonsdale Ave., North Vancouver. 604-904-0933. www.burgoo.ca **Map 4: C4**

➤ **BRUNCH** Sleep in on the weekend, then enjoy eggs Benny, sourdough French toast or chorizo and mushroom hash at Earls (page 63).