



A Sweet Year

According to Jessica Kruger, **"Anybody is capable of being beautiful."** The Coquitlam resident, who turns 22 this month, was 15 years old when she fell from a ladder and fractured four neck vertebrae. The resulting quadriplegia didn't slow her down one bit: she's travelled the world, and she's currently completing an English degree at Simon Fraser University and playing wheelchair rugby five days a week.

A year ago, Kruger bested more than 400 other applicants to become the face of **Something Sweet, a new fragrance from Lise Watier** (www.lisewatier.com). During her time as beauty ambassador for the brand, she's especially enjoyed being contacted by people with disabilities who are excited by her endeavours, "reinforcing that what I'm doing matters and that people care." After her contract with Lise Watier ends next month, she's not sure what to do next: "I like to accept whatever opportunities come my way."

No matter what, Kruger maintains an **optimistic attitude**. She doesn't view her accident as a traumatic event, explaining, "So many of the wonderful things in my life are because of the accident." Sounds to us like a pretty sweet outlook on life.

Find Something Sweet at London Drugs (page 24).

—Sheri Radford

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This directory includes editors' recommendations and regular advertisers. Stores are usually open from 9:30 or 10 am to 5:30 or 6 pm, with later hours on Friday evenings. Map coordinates refer to the maps on pages E8-E14.

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SPECIAL EVENTS

RETRO DESIGN & ANTIQUES FAIR

Everything from vintage jewellery and retro glam accessories to funky '50s kitsch and art deco and art nouveau pieces fill 175 tables and booths (**Jun 22**). 10 am-3 pm. \$5, under 13 free. Free parking. On-site appraisals. Snack bar. Croatian Cultural Centre, 3250 Commercial Dr. at 16th Ave. 604-980-3159. www.21cpromotions.com & **Map 4: E4**

WHERE TO SHOP

ABERDEEN CENTRE The many new-to-North America retailers make this centre worth the drive to Richmond. Purchase sushi ware, snacks, stationery, household supplies, and toiletries from a variety of Asian-influenced stores. 4151 Hazelbridge Way, Richmond. 604-270-1234. www.aberdeencentre.com & **Map 3: E2**

RISE & SHINE Who wouldn't want to wake up to a chocolate bar filled with maple-caramelized bacon and a touch of espresso? Pick up a WestCoast Breakfast bar at XOXOLAT (page 24).