



→ PARTING SHOT » BY SHERI RADFORD

A Need for Speed

If you've ever dreamed of hurtling along an icy track at 135 km/hr (85 mi/hr), here's your chance.

The Whistler Sliding Centre (page 19) offers two-hour bobsleigh rides and skeleton slides for adrenaline junkies.

After gearing up, you rocket down the track like a pro, experiencing what it must have felt like to compete in the 2010 Winter Games here. Although there's no need to be an Olympic athlete to embark on these heart-pounding adventures, they're not for the faint of heart, either.

If you'd rather leave the speed to the professionals, check out the FIL Luge World Cup (www.fil-luge.org) on Dec. 9 or the FIBT Bobsleigh & Skeleton World Cup (www.fibt.com) on Feb. 2. [W](#)