

Kids can't resist the
allure of Kits Beach



PHOTO BY KKLAW



THINGS WE LOVE ABOUT KITSILANO

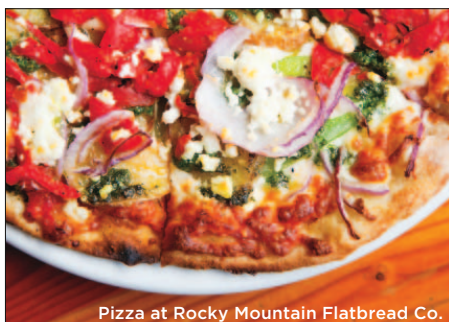
BY SHERI RADFORD

- 1 The elegant, art deco-style Burrard Bridge, which marks the eastern boundary of the Kitsilano area. The region is also bounded by the ocean on the north, Alma Street on the west, and 16th Avenue on the south.
- 2 Window-shopping on West 4th Avenue and West Broadway.
- 3 Indulging a sweet tooth at The Candy Aisle (page 32).
- 4 On a windy afternoon, flying a kite in Vanier Park (page 80).
- 5 All-day breakfast at Sunshine Diner (page 90).
- 6 Watching performances on eight stages at the Khatsahlano Street Party (Jul. 11; page 72), which takes over 10 blocks of West 4th Avenue for a free day of fun in the sun.
- 7 On a rainy day, treating ourselves to comfort food at White Spot (page 93), Burgoo (page 90) or Moderne Burger (page 93).
- 8 Yoga pants, yoga pants and more yoga pants—plus cute tops and bottoms for running, swimming and cycling—at Lululemon Athletica (page 41). Chip Wilson opened the very first Lululemon store 15 years ago, in Kits.
- 9 Visiting Kits Beach to build sand-castles, play tennis, sunbathe or splash around in Kitsilano Pool (page 82).
- 10 Letting tots and teens browse for exactly the right picture book or YA novel at Kidsbooks (page 31).
- 11 The huge assortment of lightweight, breathable clothing made from soft merino wool at Icebreaker (page 41).
- 12 Chowing down on Neapolitan pizza at Bibò Pizzeria con Cucina (page 98).
- 13 All the comfy but flattering styles at Mavi Jeans (page 34).
- 14 Biting into a piece of strawberry-rhubarb pie while soaking up the sunshine on the patio at Aphrodite's Organic Café & Pie Shop (page 90).

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Oysters at Chewies



Pizza at Rocky Mountain Flatbread Co.



Potato-crusted salmon at Aphrodite



The Green Moustache

PHOTOS: (BOTTOM R) COURTESY THE GREEN MOUSTACHE; ALL OTHERS BY KK LAW

15 Only the finest of regional cuisine at Bishop's (page 106).

16 Getting pampered from head to toe at Beverly's The Spa on 4th (page 40).

17 Handcrafted flatbread pizzas (even gluten-free options!) at Rocky Mountain Flatbread Co. (page 102).

18 The natural fabrics and international aesthetic at JNBY (page 34).

19 Enjoying margaritas and Mexican food—plus mariachi bands—at Las Margaritas (page 101).

20 Pirate Joe's (page 36), which brings Trader Joe's gluten-free granola, Thai green curry, chocolate coconut almonds and more to grateful Canadians, who otherwise have to cross the border to get their fix. The retail giant sued Pirate Joe's—and lost.

21 Tasting the flavours of Thailand at Maenam (page 106), Japan at Hapa Izakaya (page 100), China at Peaceful Restaurant (page 94) and Lebanon at Nuba (page 101).

22 Taking wee ones to cute stores designed just for them, including Hip Baby (page 31) and Crocodile (page 31).

23 The abundance of healthy menu options at The Green Moustache (page 94), The Naam (page 106) and Tractor (page 93).

24 Wandering along the seawall and watching all the boats, kayaks and paddleboards go by.

25 Feasting on gumbo, jambalaya, chicken-fried crocodile and (of course) oysters at Chewies Steam and Oyster Bar (page 104).



The Honda Celebration of Light fireworks and Burrard Bridge

PHOTO ©PIANISSIMO

- 26 Admiring the breathtaking ocean view from The Boathouse (page 104).
- 27 Choosing between Cupcakes (page 95) or an ice cream cone from Rain or Shine (page 96) for dessert.
- 28 Feeling like Cinderella—or maybe Kim Kardashian—when trying on the funky footwear at Miz Mooz Boutique (page 36) and Gravitypope (page 35).
- 29 Geeking out over the technical high-performance outerwear at Arc'teryx (page 41).
- 30 Watching the Honda Celebration of Light fireworks (Jul. 25 and 29, Aug. 1; page 72) from one of many prime viewing spots in Kits.
- 31 Zooming along West 8th Avenue on a bicycle.
- 32 Chef Trevor Bird's tasty creations at Fable (page 106).
- 33 Creating eye-catching, one-of-a-kind jewellery pieces at Country Beads (page 40).
- 34 Inventive sushi—not to mention the crazy decor—at Eatery Sushi (page 99).
- 35 Working up a sweat by running, biking or blading along the seawall.
- 36 All the fabulous French fare at Au Comptoir (page 97) and Bistro Pastis (page 97) .
- 37 Catching an action flick or period piece at Fifth Avenue Cinemas.
- 38 Relaxing with a beer and a burger on the sunny patio at Local Public Eatery (page 92).
- 39 Watching *The Comedy of Errors* or *King Lear* in an open seaside tent at the Bard on the Beach Shakespeare Festival (to Sep. 26; page 75).

50 THINGS WE LOVE ABOUT KITSILANO

Bard on the Beach Shakespeare Festival



Yoga Buttons



Kitsilano Farmers' Market



PHOTOS: YOGA BY KK LAW, FARMERS' MARKET © MAJAPHOTO/ISTOCKPHOTO.COM

- 40 The cornucopia of natural and organic choices at Whole Foods Market (page 36).
- 41 Linger over a brunch of eggs benny or buttermilk pancakes at Sophie's Cosmic Cafe (page 92).
- 42 Nibbling on delectable desserts at Thomas Haas Chocolates & Patisserie (page 96).
- 43 Practising downward-facing dog, tree pose and (especially) savasana at Semperviva Yoga (page 36), YYoga (page 37) or Yoga Buttons (page 37), which turns kids into young yogis.
- 44 All the mouth-watering Italian fare at La Quercia (page 99) or Trattoria Italian Kitchen (page 99).
- 45 Getting an afternoon jolt of caffeine at Elysian Coffee (page 94) or 49th Parallel Coffee Roasters Cafe (page 94).
- 46 Spending a rainy Sunday exploring the Vancouver Maritime Museum (page 78), Museum of Vancouver (page 78) and H.R. MacMillan Space Centre (page 76), all located in seaside Vanier Park.
- 47 Spotting glimpses of Kitsilano Secondary School on the silver screen. It was used as a filming location in *Juno*, *Superbad* and *X-Men Origins: Wolverine*. Bonus Hollywood fact: the school's alumni include Ryan Reynolds and Joshua Jackson.
- 48 All the athletic wear for girls at Ivivva Athletica (page 41), which is the little sister to Lululemon.
- 49 Catching a ride to Vanier Park on False Creek Ferries (page E15).
- 50 Selecting the freshest berries, peppers and lettuce at the Kitsilano Farmers' Market (page 33). **w**