

10 Awe-Inspiring ADVENTURES

Don't leave Whistler without crossing a few of
these once-in-a-lifetime experiences off your
bucket list **BY SHERI RADFORD**

- 1 Hop in a helicopter to reach The Blue Room (page 20), a cathedral-like ice cave nestled in the mountains. In this unforgettable setting, lucky guests feast on champagne, caviar served on snow, oysters from Vancouver Island, and other delectable treats.

Clockwise from top: Racing down the track at Whistler Sliding Centre. Cool views from the Peak 2 Peak Gondola. Outdoor hot pools at Scandinave Spa. Champagne sabering at Bearfoot Bistro. A dogsled dashing through the snow. Leaving lift lines behind on a heli-skiing trip



- 2 At the Whistler Sliding Centre (page 19), hurtle headfirst down the world's fastest sliding track on a skeleton bobsled, reaching a speed of up to 100 km (62 mi) per hour. Or experience 125 km (78 mi) per hour with a few fearless friends in a four-person bobsleigh.
- 3 Leave the hustle and bustle behind and find the truly pristine powder with Whistler Heli-Skiing (page 22).
- 4 Soar high through the magnificent old-growth forest on a zipline with Superfly (page 21) or Ziptrek Ecotours (page 22).
- 5 Get the ultimate adrenaline rush with Whistler Bungee (page 21). Either solo or in tandem with a thrill-seeking pal, jump off a bridge 50 m (160 ft) above the glacier-fed Cheakamus River.
- 6 Learn how to mush a team of eager sled dogs with Canadian Wilderness Adventures or Blackcomb Snowmobile (both listed on page 20).
- 7 Practise sabering a champagne bottle at Bearfoot Bistro (page 28). The perfect swashbuckling technique? Use a ceremonial sword to lop off the bottle's collar, without spilling a drop of champagne—or losing any limbs.
- 8 Spend 11 minutes travelling between the peaks of Whistler and Blackcomb mountains on the record-breaking Peak 2 Peak Gondola (page 18). If you're feeling adventurous and not at all acrophobic, wait for one of the two glass-bottomed cars.
- 9 See snow-capped mountains, alpine lakes and lush forests from high in the sky with Blackcomb Helicopters (page 20), then land on Rainbow Mountain's 12,000-year-old glacier.
- 10 Alternate between hot tubs, cold pools, saunas, massages and long, leisurely naps at Scandinave Spa (page 33). Relaxation, complete silence and the great outdoors add up to some unparalleled R&R. **W**

PHOTOS: SCANDINAVE SPA BY JUSTA JESKOVA. WHISTLER SLIDING CENTRE COURTESY DESTINATION CANADA. ALL OTHERS BY MIKE CRANE COURTESY TOURISM WHISTLER